



# NEWSLETTER

National Active and Retired Federal Employees  
Chapter 1972 - Waldorf/La Plata, MD  
September 2009



Chapter 1972 publishes a newsletter monthly except July and August

Issue 6 Volume 5



## From the President's Desk

by Nancy Rudy

Hope all of you had a wonderful summer. We are starting up with our regular meetings on Thursday, 17 September at the Health Partners building right behind the JAYCEE Hall on Route 301 N just past CHECKERS restaurant. Meeting begins at 12:30. The program will begin at 1:00 p.m. Presenting "The World of AXA" is Benard Long, Financial Professional. AXA Equitable has been around since 1859.

### BUSINESS OF THE CHAPTER:

Our chapter has openings for:

**1st Vice President;**  
**\*Secretary\*;**  
**and Program Chair**

None of these positions require credentials; however, they do require the person be a member in good standing.

MD Federation meeting in October will be providing training for Presidents and Chapter Legislative

### Notice!

Our next meeting will be at Health Partners in Waldorf on September 17th beginning at 12:30 PM.

Officers, State and Federal.

AND most important, the Federation Secretary will provide training to new Chapter Secretaries. Their training meeting will be held 29 October. at the Comfort Inn in Bowie. We will form carpools as needed.

Please feel free to call me at 301-932-7201 to ask questions about being an officer and/or volunteering to take on an office.

OPM recently announced increased fees for about 150,000 members of LTI (Long Term Insurance) these premiums will rise between 5% and 25%.

These increases will affect current and retired Federal Employees.

We will be asking in the October Newsletter for your vote on unified dues, Please read the NARFE magazine for details and make your decision based on facts.

### Sunshine

by Loretta Ralph

Is summer over already?  
Time sure flies!

Our get well wishes were sent to Pat



McCauley who is now home after being in the hospital. Hope to see you at our next meeting, Pat.

If you know of anyone who is under the weather, please give me a call.



### Economic Conditions Fcst: No Retiree COLA for 2010

Economic forecasters, both private and government foresee no cost-of-living-adjustment (COLA) for federal retirement and Social Security benefits for 2010. Of course, the results will not be known until the Dept. of Labor

actually makes the calculations at the end of September and reports the results in October.

However, consumer prices in May posted their largest annual decline in 59 years (see this complete article beginning on page 16 of the August 2009 NARFE Magazine).

### Humor Corner

A very worried man goes to see a doctor. He says, "Doc, I think I am a moth." The Doc says, "I'm a Cardiologist, you need a Psychiatrist. Why did you come to see me?" "Your light was on," says the man.



### Membership

by Bill Roman

I certainly hope everyone had a safe and enjoyable summer. Since our last newsletter, we have eighteen new Chapter members. We hope that you will be able to attend our monthly meetings. We meet each month except July and August, and typically our meetings are held at Health Partners in Waldorf. If you are not familiar with this location, it is on Route 301 north of the intersection with Route 5/228 just a short distance from Checkers and the JayCeas building. Any members interested in receiving the newsletter electronically should contact our Editor, Jim Lish and provide him with your e-mail address.

At our June luncheon meeting, the 50/50 winner was Neil McGrath, and the Lottery winner was Carol Bisagni.





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### Possible Spring Trip to Atlantic City Hilton Casino by Bill Kaval

The Atlantic City Hilton Casino is located at the top of the famous Atlantic City Boardwalk, overlooking the beautiful Atlantic Ocean.

DEPART at 8:00am from the Park N Ride, Mattawomen-Beantown

Road, Waldorf, Md.

ARRIVE at the HILTON, Atlantic City 12:30pm.

The bus will make a REST STOP in route to Atlantic City.

Stay will be 6 hours. Gamble, enjoy the Boardwalk, the new shopping mall, THE WALK, with many outlets. Plenty to see and do as well as to

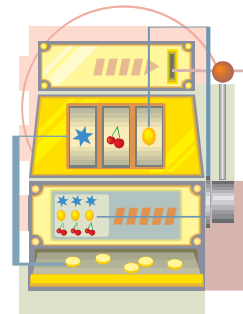
gamble.

Depart at 6:30pm, arrive home at approx. 10:45pm.

Been advised that they have brand new busses this season, new, large and clean!

We will have our monthly meeting on the bus, DVDs, 50-50's and fun for all.

**Once Again, the Cost Depends on the Number of Members Going on the Trip!**



**Chapter 1972 Website for additional info, Photos and Newsletter archive:** <http://narfe1972.110mb.com/index.html>

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