



NEWSLETTER

National Active and Retired Federal Employees
Chapter 1972 - Waldorf/La Plata, MD
November 2008



Chapter 1972 publishes a newsletter monthly except July and August

Issue 4 Volume 5



From the President's Desk

by Jo Bond

We had a packed audience to hear the representative from Blue Cross/Blue Shield talk about Open Season and the rates of various other government medical plans. A good exchange of ideas and information to education our members of their options regarding health benefits and Medicare.

See article elsewhere regarding the program for our November meeting – our Pot Luck Luncheon.

Many NARFE chapters are sending out bi-monthly newsletters due to the cost of printing and mailings. We did not go that route, but with no meeting in December we will not publish a newsletter for December, thus saving costs that can be spent on other chapter projects. That being said, we will have a New Year's celebration luncheon at Mimi's Restaurant on Thursday, Jan 15th at 12:30 p.m. You order from the menu and the restaurant requests one check per table. A tax preparer will be the guest speaker.

Two of our members will

Notice!

Our next meeting will be at Health Partners on November 20th at 12:30 PM.

attend a Membership Training Seminar in Bowie MD the end of Oct. Gloria Daughtry has volunteered to attend this seminar and assist our Membership Chair, Bill Roman, in recruiting and retention of NARFE members.

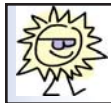
Hope to see you at our Pot Luck luncheon on Thursday, Nov 20th.

Sunshine

by Loretta Ralph

We wish everyone a safe and Happy Holiday Season. See you in January.

If you know of anyone who is under the weather, please give me a call.



Program

by Jo Bond

POT LUCK LUNCHEON – 1230 P.M. HEALTH PARTNERS – THURS, NOV 20th.

Please plan to attend. You are invited to bring your favorite covered dish. The cost is four-bits a dip (50 cents for each item on your plate). Where can you get a luncheon at that price—only at Chapter 1972. Meeting to follow with lottery and door prizes.

Please bring your favorite dish and also your own beverage. Napkins, plates, utensils, table covers will be provided by chapter. A vote will be taken for the best-covered dish and a prize will be awarded to the chapter member, or guest, who made the dish.

Please come and share your recipes and camaraderie with other chapter members.

Those who can, please arrive at 12 noon to help set up the tables and chairs. Any help will be greatly appreciated.

Service Officer

by Nancy Rudy

November is a very important month, many things need your attention.

1. National and local elections: Read, listen, watch

- decide and VOTE. Remember, if you don't use your right to vote you have given 2 votes to someone and you lose the right to complain.

2. "Medicare and You" booklet. Read carefully. A lot of important information is in this booklet. If you have questions on anything in the booklet, addresses and telephone numbers are in it - please use them.

3. Open Season on health care. Check your company against others for price and benefits. Many companies have quite a few changes.

4. If you haven't had your flu shot this year, make an appointment with your doctor to get it.

5. The holiday season is upon us--make sure you take care of yourself--don't overdo.

Membership

by Bill Roman

Welcome to new member Lawrence Linkoff. Thanks for joining NARFE and our Chapter. We hope you will be able to attend our meetings.

At the October meeting, the lottery and door prize were won by Bob Eppley.



While I hope it is too early for this reminder, our Chapter policy regarding cancellation of our meetings due to snow or ice is that we follow the actions of the Charles County Public School system. If school is cancelled on our meeting day, we will not meet. In situations in which the schools are open but the weather might make for unsafe driving and walking conditions, we urge members to exercise their own judgment regarding trying to attend a meeting. Please be careful!



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MERRY CHRISTMAS AND A HEALTHY NEW YEAR FROM CHAPTER 1972 OFFICERS



Chapter 1972 Website for additional info, Photos and Newsletter archive: <http://narfe1972.110mb.com/index.html>

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- US Senator Barbara Mikulski: Phone: 202-224-4654 Email via Web Site: <http://mikulski.senate.gov/>
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- US Representative Steny Hoyer: Phone: 202-225-4131 Email via Web Site: <http://www.house.gov/hoyer>
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